

What is the EDV Hub?

EDV Hub is a free and confidential service providing information and support for people experiencing eating disorders or those who are supporting them (family, friends, professionals etc.). We offer a safe place for you to seek information, openly discuss your experience with eating disorders and ask any questions you may have.

When should I contact the EDV Hub?

The EDV Hub is for any Victorian who is seeking information around eating disorders. Please get in touch if you:

- Want to talk to someone about your eating disorder, disordered eating or body image concerns
- Are supporting a loved one with an eating disorder
- Are worried about someone close to you
- Are a health professional seeking advice relating to a patient/client
- Need contact details for experienced health professionals in your area
- Want to discuss treatment options in Victoria
- Want to know about services and upcoming events offered by EDV

What can the EDV Hub help me with?

Information

We provide evidence-based information to help people understand eating disorders.

Navigation

By listening carefully and asking questions, we are able to connect people with the services and support that they may need for their next steps. This includes support available at EDV, private clinicians and specialist eating disorder services.

Support

People come to EDV to help begin and maintain their recovery. We also provide support to families, friends and loved ones impacted by eating disorders.

Who will I speak to?

The EDV Hub is staffed by trained volunteers who have a special interest in eating disorders. Many volunteers have either recovered from an eating disorder, been a carer for a loved one or completed studies in a related field such as psychology or counselling.

Contact the EDV Hub

Phone **1300 550 236**, Mon - Fri 9.30am - 4.30pm. If calling after hours, please leave a message and we will get back to you ASAP.

Submit an **online enquiry form** on our website: www.eatingdisorders.org.au/find-support/eating-disorder-helpline/

Email hub@eatingdisorders.org.au